

Gala 1-Stockport-Long Course						Gala 7-Macclesfield-Short Course					
March 20th 8.00am. For 9.00am. Start						March 27th 8am. For 9.00am. Start					
1	Open & Girls	11-16yrs	800m	Free	HDW	1	Open & Girls	10-16yrs	400m	Free	HDW
1	Open & Boys	12-16yrs	800m	Free	HDW	2	Open & Boys	12-16yrs	400m	Ind Medley	HDW
(Mixed Event-Seeded On Submitted Times)						3	Open & Girls	09-16yrs	200m	Breast	HDW
2	Open & Boys	9-16yrs	50m	Butterfly	HDW						
3	Open & Girls	09-16yrs	50m	Butterfly	HDW						
Gala 2-Stockport-Long Course						Gala 8-Macclesfield-Short Course					
March 20th 12.15 Pm. For 1.15pm Start						March 27th 12pm. For 1pm. Start					
1	Open & Boys	09-16yrs	50m	Back	HDW	1	Open & Boys	12-16yrs	100m	Free	H
2	Open & Girls	09-16yrs	50m	Back	HDW	2	Open & Girls	11-16yrs	100m	Back	H
3	Open & Boys	09-16yrs	50m	Free	HDW	3	Open & Boys	09-16yrs	200m	Butterfly	HDW
4	Open & Girls	09-16yrs	50m	Free	HDW	4	Boys	15-16yrs	4x50m	Free Team	HDW
						5	Boys	13-14yrs	4x50m	Free Team	HDW
Gala 3-Stockport-Long Course						Gala 9-Macclesfield-Short Course					
March 20th 4.15 Pm. For 5pm. Start						March 27th 4.15pm. For 5.15pm. Start					
1	Open & Girls	09-16yrs	50m	Breast	HDW	1	Open & Girls	11-16yrs	100m	Breast	H
2	Open & Boys	09-16yrs	50m	Breast	HDW	2	Open & Boys	12-16yrs	100m	Butterfly	H
3	Open & Girls	12-16yrs	1500m	Free	HDW	3	Open & Girls	11-16yrs	400m	Ind Medley	HDW
	Open & Boys	12-16yrs	1500m	Free	HDW	4	Boys	09-11yrs	100m	Ind Medley	HDW
(Mixed Event-Seeded On Submitted Times)											
Gala 4-Macclesfield-Short Course						Gala 10-Macclesfield-Short Course					
March 21st 8.30am. For 9.30am. Start						March 28th 9am. For 10am. Start					
1	Open & Boys	09-16yrs	200m	Free	HDW	1	Open & Boys	11-16yrs	400m	Free	HDW
2	Open & Girls	09-16yrs	200m	Back	HDW	2	Open & Girls	09-16yrs	200m	Butterfly	HDW
3	Open & Boys	09-16yrs	200m	Breast	HDW	3	Open & Boys	09-16yrs	200m	Back	HDW
Gala 5-Macclesfield-Short Course						Gala 11-Macclesfield-Short Course					
March 21st 12.30noon For 1.30pm. Start						March 28th 1pm. For 1.45pm. Start					
1	Open & Girls	09-16yrs	200m	Free	HDW	1	Boys	10-12yrs	4x50m	Med Team	HDW
2	Open & Boys	12-16yrs	100m	Breast	H	2	Boys	13-14yrs	4x50m	Med Team	HDW
3	Open & Girls	11-16yrs	100m	Butterfly	H	3	Men's	Open	4x50m	Med Team	HDW
4	Girls	09-11yrs	4x25m	Ind Medley	HDW	4	Ladies	Open	4x50m	Med Team	HDW
5	Girls	10-12yrs	4x50m	Med Team	HDW	5	Boys	10-12yrs	4x50m	Free Team	HDW
						6	Girls	13-14yrs	4x50m	Med Team	HDW
						7	Boys	15-16yrs	4x50m	Med Team	HDW
						8	Girls	15-16yrs	4x50m	Med Team	HDW
Gala 6-Macclesfield-Short Course						Gala 12-Macclesfield-Short Course					
March 21st 5pm. For 6pm. Start						March 28th 3pm. For 4pm. Start					
1	Open & Girls	11-16yrs	100m	Free	H	1	Open & Girls	9-16yrs	200m	Ind Medley	HDW
2	Open & Boys	12-16yrs	100m	Back	H	2	Open & Boys	9-16yrs	200m	Ind Medley	HDW
3	Girls	10-12yrs	4x50m	Free Team	HDW	3	Ladies	Open	4x50m	Free Relay	HDW
4	Girls	13-4yrs	4x50m	Free Team	HDW	4	Men's	Open	4x50m	Free Relay	HDW
5	Girls	15-16yrs	4x50m	Free Team	HDW						

- One start rule.
- 100m events-there will be an open final (fastest 8 swimmers, irrespective of age), together with single age group finals.
- The junior champion wills the highest placed junior swimmer in the open final / or fastest recorded time from heats or finals if no junior in the open final...
- The age group medallists will be determined by the fastest times recorded in either the open or age group finals.
- HDW events-the junior (16/under) championship will be awarded to the swimmer with the fastest recorded time.
- All entries will require entry times. Times are consideration not qualifying times. (see separate sheet)
- Age as at 28th march 2010. Closing date for entries: Tuesday, February 23rd 2010
- Entry fee £4.25 per event. Cheques made payable to Cheshire County WP & swimming association.
- Coaches passes £15.00 which covers admittance to all galas, programmes, and heat start lists (only for bone fide club officials)
- All entries electronically as per [www.SwimCheshire.org](http://www.SwimCheshire.org) , official forms must also be submitted (photocopies accepted) together with entry fee (one cheque per club please!).
- Mrs. V. Mellor, 5 Benbrook Way, Galsworth, Macclesfield, Cheshire sk11 9rt. Tel. 01625 427297

